

Suncoast Kids Place:  
Family Update  
January 2012



**Relay For Life - Come Join Our Team— actually YOUR team.**

This year SKP will be hosting their own team in the American Cancer Society's Relay for Life of Lutz, which will be held at Steinbrenner High School on April 13, 2012. Relay for Life is a great opportunity to have fun with family and friends while supporting a great cause and fighting against cancer. So many of our lives have been impacted by the loss of a loved one who fought their battle with cancer; it is now time that we commemorate their fight and help others who are still fighting.

SKP's team captain is Ms. Lisa Silva, a freshman at Steinbrenner High School. Lisa was top fundraiser last year for her team at Martinez middle school. Kim Pacheco will be her co-captain and the contact person to be reached at SKP regarding this event. Please feel free to contact either one of us with any questions or concerns that you may have; Lisa [lisapizza0605@gmail.com](mailto:lisapizza0605@gmail.com), or Kim Pacheco at (813) 990-0216 or [kim@suncoastkidsplace.org](mailto:kim@suncoastkidsplace.org).

THIS TEAM IS FOR ALL AGES, CHILDREN, TEENS AND PARENTS/CAREGIVERS.

Your direct loss does not need to be cancer related to be part of our team.

You can join the team at our team page link at:

[http://main.acsevents.org/site/TR?team\\_id=1029768&pg=team&fr\\_id=37517](http://main.acsevents.org/site/TR?team_id=1029768&pg=team&fr_id=37517). I will also have a sign up sheet located at the front desk of the GLC house. We will have an informational meeting at the GLC house on Wednesday, January 11, 2012. Please come and join us.

Each team member will be able to create their own web-page dedicated to their loved one. You have the opportunity to reach out to family and friends raising money in memorial for your special person. Each member is responsible for raising \$100.00; we plan to hold other fundraising opportunities to assist all of our team members in raising their designated amount. Any adult who would like to join our team and dedicate some of their time with coordinating and organizing efforts would be greatly appreciated. Please reach Kim Pacheco for this opportunity.

We look forward to this fun and exciting opportunity for all of our SKP family.

**Healing Through Your Loss—**

Participating in programs such as Relay for Life brings a sense of honor, comfort and healing to those that have lost loved ones. Whether your loved one died from cancer or another form of death; when we help those that have felt the pain of death we are actually healing our own pain. We are doing what the experts call "Transformative Grief".

**Transformative Grief—What is it? -** There are many stages of grief work that one goes through to come to a place of healing. Ultimately, in dealing with loss, we have choices; the choice of how we are going to react to the loss in our lives. We can remain in our grief and let it destroy our outlook on life; or we can transform our grief to a stage where we can use our experience and suffering in a positive way to help others, while we are really healing ourselves.

*Turn your wounds into wisdom—Oprah Winfrey*

# January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Littles 4:00-5:15 3rd-5th (3) 6:30-8:00 Middle School Boys 6:30-8:00	3 3rd-5th (4) 6:30-8:00 Middle School Girls 6:30-8:00	4 K-2nd (4) 6:30-8:00 Healing After a Loved One's Suicide (HALOS) Group 7:00-8:30	5 3rd-5th (1) 4:00-5:30 3rd-5th (2) 6:30-8:00	6	7
8 	9 High School Girls 6:30-8:00	10 High School Boys 6:30-8:00	11	12 K-2nd (1) 4:00-5:30 K-2nd (2) 6:30-8:00 Brandon 6:30-8:00	13	14
15	16 Martin Luther King Jr. Day <b>No Groups</b>	17 Non-Student Day <b>No Groups</b>	18 K-2nd (4) 6:30-8:00 Healing After a Loved One's Suicide (HALOS) Group 7:00-8:30	19 3rd-5th (1) 4:00-5:30 3rd-5th (2) 6:30-8:00	20	21
22	23 High School Girls 6:30-8:00	24 High School Boys 6:30-8:00	25	26 K-2nd (1) 4:00-5:30 K-2nd (2) 6:30-8:00 Brandon 6:30-8:00	27	28
29	30	31				